## 통계단신, QuickStats

## 주관적 건강인지율 추이

Trends in self-perceived health status among Korean adults aged 19 years and over, 2007-2016

[정의] 주관적 건강인지율: 평소에 본인의 건강이 '매우좋음' 또는 '좋음'이라고 생각하는 분율

만 19세 이상의 주관적 건강인지율(연령표준화)은 2009년 이후 감소하는 경향을 보였음. 2016년 기준 성인 10명 중 약 3명만이 본인의 건강이 좋은 편('매우좋음' 또는 '좋음')이라고 응답하였음(그림 A).

Age-standardized rate of Korean adults aged 19 years and over who perceives themselves to be healthy, decreased steadily since year 2009. In 2016, only 3 out of 10 adults reported their health as good (marked as Good or Very Good) (Figure A).

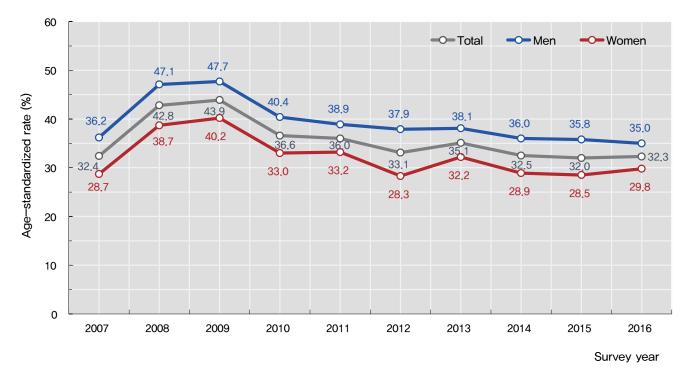


Figure A. Trends in self-perceived health status among Korean adults aged 19 years and over, 2007-2016

Source: Korea Health Statistics 2016, Korea National Health and Nutrition Examination Survey, http://knhanes.cdc.go.kr/ Reported by: Division of Chronic Disease Control, Korea Centers for Disease Control and Prevention

<sup>\*</sup> Self-perceived health status: rate of adults who report their health in everyday living as "Good" or "Very Good", among those aged 19 years and over, † Age standardized: calculated using the direct standardization method, based on a 2005 population projection,